

# The Center Source



**CHILD WELFARE PRODUCT SALES & TRAINING RESOURCES**  
*Many Items Marked Down and New Materials Added!*

## BARGAINS!

### **Communicating Through Play: Techniques to Assessing and Preparing Children for Adoption**, Judith Cipolla, Dorothy Benson McGown and Mary Anne Yanulis

This book will help adoption workers develop a larger repertoire of techniques for assessing and preparing youngsters for adoption, become more skilled at observing and encouraging attachment behaviors, more effective in interpreting and communicating assessment findings to adoptive parents and better able to help parents understand and use these findings in their day-to-day parenting.

#134 1999 ~~\$10.00~~ \$5.00

### **Supporting Families After Adoption – Information for Professional Helpers Working with Adoptive Families**, Linda Cobb McClain, Ph.D., Kris Henneman, MSW, Drenda Lakin, MSW, ACSW

How well families cope with adoption related issues has increasingly become of concern to professionals offering services to adoptive families. Adoption sensitive practices begin with an understanding of the fundamentals of adoption including the issues and challenges that adoptive families face. This booklet will focus on the knowledge, skills and resources necessary to meet the complex needs of families formed by adoption. This booklet has been effectively used to educate “helping professionals” support adoptive families and can be customized to meet your needs.

#167 2000 ~~\$3.50~~ \$2.50

**BOOKS FOR  
CHILDREN  
PAGE 4**



Adoption is for Always  
 Benjamin Bear  
 Coffee Can Kid (The)  
 Henry the Hermit Crab  
 Thirsty Moves to a Foster Home  
 We're Different, We're the Same

## BEST SELLERS!

### **Parents As Tender Healers (PATH), Spaulding for Children**

PATH is an eight-session competency-based curriculum designed to prepare resource parents (foster, adoptive and kinship parents) for parenting children who have been abused, neglected and spent time in the child welfare system. The jargon-free Trainer's Guide is readily used by both parent and professional trainers. The six video vignettes highlight experiences of children and resource families and provide guidance to potential resource families (1997). *Now available on DVD.*

First Curriculum #124 \$495.00

Participant Handbook #125 \$ 12.95

### **Core Issues in Adoption, Spaulding for Children**

This DVD discusses issues unique to adoption (separation, loss and grief; bonding and attachment; claiming; entitlement; mastery and control; unmatched expectations; family integration; identity formation) through interviews with adoptive parents, adult adoptees and birth parents. By discussing the ways that they have worked through these issues, the individuals reinforce the idea that adoption is different. Their candor provokes excellent discussion about these core issues and helps the audience gain an understanding of the lifelong impact of forming a family in this way. (25 min.)

#119 1996 \$95.00

### **The Children Who Wait, Spaulding for Children**

Special needs adoption practice is shaped and driven by the needs of children who wait for adoption placement. This DVD illustrates how children come into the child welfare systems, behaviors they develop to survive living in the system, and the implications for parenting. It includes parents, children and professionals speaking to these issues. (30 min.)

#035 1989 \$95.00

### **Characteristics of Successful Adoptive Families, Spaulding for Children**

This documentary-style DVD features families and professionals who discuss, describe and demonstrate “what it takes” to successfully parent a child with special needs. In short segments, the characteristics are presented with honesty, wisdom and humor, tolerance for ambivalence and negative feelings; entitlement; intrusive and controlling qualities; flexible expectations; ability to delay parental gratification; tolerance for rejection; sense of humor; ability to meet personal needs; ability to use resources; and flexible family roles. (22 min.)

#036 1989 \$95.00

A Child's Journey Through Placement.....	6	Empowering The Black Family .....	12
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Adolescent Coping, 2nd Ed. ....	9	Excluded from School, Systemic Practice for Mental Health and Education Professionals .....	8
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Adolescents and Families for Life: A Toolkit for Supervisors .....	12	Family Therapy with Suicidal Adolescents.....	9
Adopting: Sound Choices, Strong Families .....	10	Foster Care Odyssey: A Black Girl's Story.....	10
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Adoption and the Family System .....	11	From Defiance to Cooperation.....	4
Adoption is a Family Affair! Relatives & Friends Must Know .....	10	Further Dimensions in Child Placement: Current Practice in Residential Group Care & Adoption Collaboration .....	13
Adoption Nation: How the Adoption Revolution is Transforming America .....	11	Getting Better Bit(e) by Bit(e), A Survival Kit .....	14
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Adoptive and Foster Parent Screening, A Professional Guide.....	10	Handbook of Child and Adolescent Obsessive-Compulsive .....	14
Always Separate, Always Connected .....	17	Handbook of Childhood Behavioral Issues.....	13
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Angry Child: Regaining Control When Your Child Is Out of Control (The).....	4	Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents .....	7
Anxiety, 2nd Ed. ....	14	Handbook of Pediatric and Adolescent Obesity Treatment.....	15
Assessment of Parenting .....	5	Healing Power of the Family (The) .....	5
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BAM! Boys Advocacy and Mentoring.....	6	Inside Transracial Adoption .....	11
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Becoming a Family: Promoting Healthy Attachments with Your Adopted Child.....	10	Making and Breaking of Affectional Bonds (The) .....	7
Becoming Attached: First Relationships and How They Shape Our Capacity to Love.....	8	Making Room in Our Hearts .....	10
Being Adopted: A Lifelong Search for Self .....	11	Men's Program (The) .....	16
Being an Adoptive Family – Information & Resources for Families Through Adoption .....	11	Mental Health Challenge of Special Needs Adoption (The) .....	6
Brothers and Sisters in Adoption.....	9	Mental Health Services for Children in Foster Care .....	10
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Child Parent Relationship Therapy (CPRT) Treatment Manual .....	5	Nurturing Adoptions, Creating Resilience .....	10
Child Sexual Abuse, Disclosure, Delay and Denial .....	15	Nurturing Future Generations .....	8
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Choosing to Heal, Using Reality Therapy in the Treatment of Sexually Abused Children .....	15	Post Adoption Family Therapy: A Practice Manual .....	8
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Courtwise: Making Optimal Use of the Legal Process to Ensure Early Permanence for Children .....	13	Risk and Resilience, Adolescent Mothers and Their Children .....	9
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Creating Ceremonies: Innovative Ways to Meet Adoption Challenges .....	6	Severe Emotional Disturbance in Children and Adolescents .....	13
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Waking the Tiger: Healing Trauma .....	7
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Right To Be The Grown-up: Helping Parents Be Parents To Their Difficult Teens (The) .....	19
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**Interested in our popular PATH competency-based curriculum tailored to your specific state? Let us know!** We would be happy to work with you and your organization to develop a state-specific version of our updated PATH II (Parents As Tender Healers) curriculum to better meet your foster, adoptive and kinship families' needs. Please contact us for more information at [jarthurs@spaulding.org](mailto:jarthurs@spaulding.org). We can professionally incorporate your state-specific concerns and make your resource family orientation and training process work better for you!

## VIDEOTAPES & DVDS

Administrative Role in a Changing Environment (The) .....	21	First, They're Children .....	20
Adoption: Making It Last .....	20	Gentle Transitions: A Newborn Baby's Point of View .....	19
African American Culture: A Perspective from History & Child Welfare .....	20	Hispanic/Latino Culture: A Perspective from History & Child Welfare .....	20
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Black Boys are Wonderful .....	20	History: Hispanic/Latino Culture .....	21
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Children Who Wait (The) .....	20	Making a Difference .....	20
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Developing Cultural Competence .....	21	Peaces: Babies Have Their Say .....	19
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## TRAININGS OFFERED BY SPAULDING INSTITUTE

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Cultural Competence in Child Welfare (CCC) .....	18	Special Needs Adoption Curriculum (SNAC) .....	18
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Effectively Responding to the Emotional Aspects of Trauma, Loss and Grief .....	23	Timely Decision Making and Risk Management in Child Placement and Permanency Planning .....	23
Family Assessment .....	24	Working with the Sexually Abused Child in Foster Care and Adoptive Placements .....	23
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### **Benjamin Bear, Deborah Berry Joy**

This children's book deals in story-book form with the feelings many children experience resulting from their birth parents' inability to provide care for them, as well as feelings related to their subsequent adoption. Opportunities and guidelines are provided for discussion.

#024 1988 \$10.00

### **Thirsty Moves to a Foster Home, Kathleen Olmstead**

A children's book to help explain the transition within foster care. This story promotes discussion and questions in a subtle, non-threatening manner.

#160 2001 ~~\$9.95~~ \$3.50

### **Adoption is for Always, Linda Walvoord Girard**

Celia was adopted four days after her birth. Although her parents talked about it freely, Celia never really showed much interest in the topic of her adoption until one day she realized what it meant to be adopted and what it meant to her. Celia is frustrated and upset but gradually begins to understand her story and that her adoptive parents are her parents forever. This book helps children uncover and explore their questions and concerns about adoption in a safe and loving way.

#173 1986 \$9.95

### **The Coffee Can Kid, Jan M. Czech**

This book is great for all types of adoption, especially international. In the story, Annie and her adoptive father go through the contents of an old coffee can, establishing a connection from her past history to the present. The story explores the facts of her birth and adoption. Her history is told by her father as he lovingly recounts her "story." The content is reassuring and well written. A great resource for adoptive parents to use with young children.

#175 2002 \$9.95

### **We're Different, We're the Same, Bobbi Jane Kates and Featuring Jim Henson's Sesame Street Muppets**

The colorful characters from "Sesame Street" teach young children about racial differences and harmony. Muppets, monsters, and humans compare noses, hair, and skin and realize how different we all are. But as they look further, they also discover how much we are alike. This book can assist parents who have adopted transracially explore the richness of differences with their children.

#176 1992 \$4.99

### **Henry the Hermit Crab: A Storybook -Work for Children with Attachment Issues, Deborah Berry Joy**

This children's book deals with the issues of attachment. The story is about a little Hermit Crab named Henry who does not have parents, he gets a new family only to be left again and again. He is very sad and mad about being left all alone and is afraid his new family will do the same so he gets a big hard shell to hide in. But the new family is the right family. You'll have to read the rest to see how it ends. This book also allows the child to write their own story and has questions to encourage the development of the story.

#199 1998 \$10.95

## PARENTING ISSUES

### **The Angry Child: Regaining Control When Your Child Is Out of Control, Tim Murphy, Ph.D.**

This book looks at anger in a new way, by looking at the differences between venting and a solution. It gives a practical approach to handling anger and will give you a better understanding of your child and your role in helping them cope with angry impulses. The author teaches 10 characteristics of the angry child, four stages of anger and how to cope with them, common sense strategies for winning the everyday battles, causes and impact of ADD, and much more.

#191 2001 \$14.95

### **From Defiance to Cooperation, John F. Taylor, Ph.D.**

This book is geared for parents and other adults who must supervise, care for or counsel defiant children. You will find specific, sensible, and easy-to-implement suggestions for improving life with a child that is ODD or has other defiant behavior. This book will look at these behaviors in their entirety and will examine the child's positive traits such as being a natural-born leader.

#192 2001 \$15.95

### **Raising Cain: Caring for Troubled Youngsters and Repairing our Troubled System, Richard Delaney, Ph.D.**

Dr. Delaney is at it again to recommend user-friendly strategies that parents can use. He explains fully the reason for behaviors and ways to resolve the root cause rather than just addressing the behaviors. Another must have.

#162 1998 \$17.95

### **Still Screaming, Lyn Charlton, Maureen Crank, Kinni Kansara, and Carolyn Oliver**

This book is based on two projects, one in Durham and one in Manchester, England, focused on serving birth parents whose parental rights were terminated through court action. It provides revealing accounts of birth parents' perspectives of child welfare services they received, the termination process and their feelings about themselves. It challenges agencies to review permanency planning and adoption practices with birth families whose rights are terminated. It highlights the need for post adoption services and suggests approaches for working with birth and adoptive families as well as children being adopted who all can benefit from services to birth parents.

#1301998 ~~\$17.95~~ \$9.95



**Freeing Your Child From Anxiety,**  
Tamar E. Chansky, Ph.D.

Most parents don't know how to recognize the difference between normal fears and a full-blown anxiety disorder. This book is a practical guide for parents to help their children overcome their fears, worries, and phobias. No child is immune from the effects of stress in today's media-saturated, rush and push society.

#197      2001      \$17.95

**Effective Parenting for the Hard-to-  
Manage Child,** Georgia A. DeGangi and  
Anne Kendall

This is a skills-based book for parents who need practical advice from experts, without all the jargon and generalizations. This book provides specific strategies and techniques for children who are intense, highly reactive and unable to self-calm. It integrates various treatment approaches in a clear and accessible manner, and offers the "best kept secrets" from the fields of mental health and occupational therapy.

#410      2007      \$24.95

**Child Parent Relationship Therapy  
(CPRT) A 10-Session Filial Therapy  
Model,** Garry L. Landreth and Sue C.  
Bratton

This book offers a survey of the historical and theoretical development of the filial therapy approach and presents an overview of filial therapy training and then filial therapy processes. The book also includes a transcript of an actual session, answers to common questions raised by parents, children and therapists.

#411      2005      \$39.95

**Child Parent Relationship Therapy  
(CPRT) Treatment Manual,** Garry L.  
Landreth, Sue C. Bratton, Theresa Kellam  
and Sandra R. Blackard

This manual is the highly recommended companion to CPRT Therapy Model. Accompanied by a CD of training materials, which allows for ease of reproduction and enhanced usability, this workbook will help the facilitator of the filial training and will provide a much needed educational outline to allow filial therapists to pass their knowledge on to parents. This treatment manual provides a comprehensive outline and detailed guidelines for each of the 10 sessions, facilitating the training process for both the parents and the therapist.

#412      2006      \$39.95

**The Healing Power of the Family: An  
Illustrated Overview of Life with the  
Disturbed Foster or Adoptive Child,**  
Richard Delaney, Ph.D.

An easy to read, down to earth description of various survival behaviors that children display in adoptive and foster care placements. Dr. Delaney gives practical explanations as to how to manage and reshape behaviors. (Also available in Spanish.)

#165      1997      \$17.95

**Promoting Positive Parenting: An  
Attachment-Based Intervention,**  
Edited by Fammie Juffer, Marian J.  
Bakermans-Kranenburg and Marinus H.  
van IJzendoorn

This book illuminates the successful implementations of one of the few evidence-based parenting intervention programs. More than 20 years ago, the editors began experimenting with videotaping parental behavior in order to enhance parents' sensitivity their children's signals. This new book presents the outcome of this effort.

#413      2007      \$29.95

**Studies in the Assessment of Parenting,**  
Edited by Peter Reder, Sylvia Duncan  
and Clare Lucey

This book brings together acknowledged experts who consider difficult questions that can arise during family proceedings, and respond with practical approaches for dealing with these demanding and complex issues. A wide range of chapter topics place emphasis on considering the child's perspective whilst assessing parents who show a range of problems.

#414      2003      \$33.95

**Assessment of Parenting,** Edited by  
Peter Reder and Clare Lucey

This book will be valuable to psychiatrists, psychologists, social workers and lawyers. The editors have gathered excellent contributions from eminent psychiatrists and psychologists. Those involved in parenting assessment and in the legal aspects of child care, particularly child psychiatrists, will find this book a must.

#415      1995      \$35.95

**Attaching in Adoption: Practical Tools  
for Today's Parents,** Deborah D. Gray

This book provides adoptive parents with specific information that applies to children like theirs. It matches children's emotional needs and stages with parenting strategies designed to enhance their children's happiness and emotional health. *Also see "Nurturing Adoptions" by same author on page 10.*

#181      2002      \$24.95

**Off Road Parenting: Practical  
Solutions for Difficult Behavior (DVD  
included),** Caesar Pacifici, Ph.D., Patricia  
Chamgerlain, Ph.D., Lee White

This is a practical handbook on handling difficult behavior for parents that infuses humor to the everyday battles. It also breaks down the "tips" for different age groups, which takes the guess work out. The book comes with a television DVD that viewers use to create their own versions of stories that show how to change a problem behavior.

#184      2001      \$24.95

## **SPECIAL NEEDS ADOPTION**

**Wounded Children, Healing Homes, How Traumatized Children Impact Adoptive and Foster Families,** Jayne E. Schooler, et als.

This new book discusses the impact of traumatized children on adoptive and foster families and parenting concerns/questions that fill the minds of adoptive parents caring for wounded children. This book addresses the reality of unmet expectations and offers validation and solutions for the challenges of parenting deeply traumatized and emotionally disturbed children.

#502 2010 \$19.99

**The Mental Health Challenge of Special Needs Adoption: A Resource Book for Professionals Working with Adoptive Families,** Children's Psychiatric Day Treatment Center, Oregon

This information is related to post adoption mental health services is intended to aid therapists, counselors, psychiatrists, psychologists and social workers in understanding the difference in children who have experienced adoption.

#0371989 ~~\$20.00~~ \$9.99

**Adopting the Hurt Child: Hope for Families with Special Needs Kids – A Guide for Parents and Professionals,** Gregory C. Keck, Ph.D. and Regina M. Kupecky, LSW

This book explores the impact of abuse, neglect, separation and loss on adopted children including specific issues related to intercountry adoptions. Keck and Kupecky provide case examples; advocate for accurate diagnosis; and clarify issues of parenting, treating and working with children who have experienced abuse, neglect and challenges to attachment

#131 Rev. 1995 ~~\$25.00~~ \$14.95

**Adoption Policy and Special Needs Children,** Rosemary J. Avery, Editor

*Adoption Policy* brings together the perspectives of experienced adoption advocates, practitioners, and researchers and those new to the field. It explores issues related to specific populations of children with special needs as well as various practice issues. It looks at the role of citizen-based advocacy in changing adoption service delivery and policy. Financial supports for children with special needs who are adopted receive particular attention, with a final chapter focusing on the wide-ranging fiscal and developmental advantages of adoption over foster care. Hardcover book.

#128 1997 ~~\$25.00~~ \$14.95

**Our Journey to Adoption,** Spaulding for Children

This fun workbook from the *Special Needs Adoption Curriculum* may be used by workers and foster parents when planning adoption. It is a tool to assist the foster family to identify what is important for their child; document what the foster family knows about their child; identify what information the foster family may still need; assist the foster family in strengthening their attachment to the child; and assist the social worker in engaging and preparing the foster family for adoption.

#064 1991 \$2.00

**A Child's Journey Through Placement,** Vera Fahlberg, MD

This book provides the foundation, resources, and tools which will help professionals, parents, and others who care to support children for whom the journey through placement becomes a part of the road to adulthood. Practical material is provided on developmental stages and tasks as well as challenges, changes, perceptions, and abilities of children who are moving into or out of interim care and into adoptive homes or to returning home.

#063 1991 ~~\$27.95~~ \$19.95

**Creating Ceremonies: Innovative Ways to Meet Adoption Challenges,** Cheryl A. Lieberman, Ph.D., and Rhea K. Bufferd, LI CSW

This book is a great resource for adoptive families, professionals and any family who are dealing with issues surrounding connectedness through rites and ceremonies. This book covers the issues surrounding families where their history is not a shared one, where rites and traditions that are commonly relied upon to negotiate transitions do not yet exist. The ceremonies presented here cover the spectrum of life-cycle phases from pre-adoptive to moving in, and from adjustment to reinforcement and beyond. Actual scripts of rituals and ceremonies are used to demonstrate challenges facing families.

#170 1998 \$24.95

## **PSYCHOLOGY/THERAPY**

**BAM! Boys Advocacy and Mentoring,** Peter Mortola, Howard Hiton and Stephen Grant

This is the first guidebook for group facilitators who want to lead preventative boys groups designed to foster communication skills and emotional connections. Based on years of research and refined over the course of countless sessions run by the authors, the program has been field-tested and tailored for use either in the school setting or outside. Over a series of group sessions, participants are encouraged to understand their emotions and interpersonal interactions without losing a sense of 'maleness' as a result of emotional growth and communication with peers about personal issues.

#420 2007 \$39.50

**Counseling Troubled Boys: A Guidebook for Professionals**, Edited by Mark S. Kiselica, Matt Englar-Carlson and Arthur M. Horne

This volume provides practitioners with clear, helpful information about the process of understanding and engaging a wide array of boys and adolescent males in counseling. It supplies case examples and covers topics including race, ethnicity, religion and other cultural factors of boys and adolescent males.

#421 2007 \$34.95

**Group Counseling and Psychotherapy With Children and Adolescents: Theory, Research and Practice**, Zipora Shechtman

A viable means of addressing the issues many children and adolescents face with developmental or situational difficulties in areas where they live most of their meaningful experiences—at home, at school and in the community. While adults who struggle with life events and stressors may look to professional help, young individuals are quite alone in coping with these situations.

#422 2006 \$34.95

**The Practice of Child Therapy, 4th Ed.**, Edited by Richard J. Morris and Thomas R. Kratochwill

Consistent with previous editions, this book assembles in a single volume summaries of the treatment literature and treatment procedures of the most common childhood behavior disorders facing persons who practice in applied settings.

#423 2007 \$89.95

**A Secure Base**, John Bowlby

As Bowlby himself points out in his introduction to this seminal childcare book, to be a successful parent means a lot of very hard work. Giving the time and attention to children means sacrificing other interests and activities, but for many people today these are unwelcome truths. Bowlby's work showed that the early interactions

between infant and caregiver have a profound impact on an infant's social, emotional and intellectual growth.

#424 2005 \$24.95

**The Making and Breaking of Affectional Bonds**, John Bowlby

Helping both parents and psychologists to arrive at a better understanding of the inner emotional world of the infant, this selection of key lectures by Bowlby includes the seminal one that gives the volume its title. Informed by wide clinical experience, and written with the author's well-known humanity and lucidity, the lectures provide an invaluable introduction to John Bowlby's thought and work, as well as much practical guidance of use both to parents and to members of the mental health professions.

#425 2005 \$24.95

**Treating Traumatized Children**, Beverly James (Hardcover)

This book is important to seasoned and new clinicians alike. It discusses the do's and don'ts of working with abused children and teaches what step in treatment follows another step and cautions us about what will happen if we are impatient or act from our own agenda. There is also a blueprint for assessing the impact of trauma and developing treatment plans. Art, play, and dream techniques, to name a few, are covered.

#190 1996 ~~\$36.95~~ \$19.95

**Waking the Tiger: Healing Trauma**, Peter A. Levine with Ann Frederick

This book looks to nature for lessons in healing. The author looks deeply into trauma and how life events can overwhelm us mentally and physically. Common physical ailments and so-called medically untreatable syndromes are considered residues of thwarted trauma reactions incurred during routine surgical procedures, falls, prenatal stress and other childhood accidents and traumas. This book is not only for the professional but also for the individual who is coping with trauma.

#196 1997 \$17.95

**The Presence of the Therapist, Treating Childhood Trauma**, Monica Lanyado

This book uses clinical studies based on the author's publications over the past 18 years to illustrate work with severely distressed children. The reader is encouraged to enter a dialogue with the author to explore the many dilemmas and difficulties of working with a person who has become highly defensive or fearful as a result of what has happened to them.

#427 2003 \$33.00

**Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents: Specific Settings and Presenting Problems**, Edited by Ray W. Christner, Jessica L. Stewart and Arthur Freeman

This handbook offers a much-needed resource of theoretical knowledge, evidence-based interventions and practical guidelines for professionals providing group psychotherapy to youth clients.

#428 2007 \$59.95

**Cognitive-Behavioral Interventions in Educational Settings, A Handbook for Practice**, Edited by Rosemary B. Mennuti, Arthur Freeman and Ray W. Christner

This text applies Cognitive Behavior Therapy (CBT) to use in school settings, presenting the first comprehensive integration theory with specific intervention strategies and techniques.

#429 2005 \$59.95

**Excluded from School, Systemic Practice for Mental Health and Education Professionals, Sue Rendall and Morag Stuart**

This book exposes the reasons why, despite many national and local initiatives, large numbers of children continue to tax the education system to such a degree that they become permanently excluded from school.

#430 2005 \$34.95

**Nuturing Future Generations, Promoting Resilience in Children and Adolescents Through Social, Emotional and Cognitive Skills, 2nd Ed. Rosemary A. Thompson**

This excellent and comprehensive resource goes beyond the stilted rhetoric on the problems of youth and the dilemma for society by outlining specific treatment intervention and prevention strategies for enhancing positive youth development and well-being.

#431 2006 \$34.95

**Resilient Therapy, Working with Children and Families, Angie Hart, Derek Bincow and Helen Thomas**

This book explores a new therapeutic methodology designed to help children and young people find ways to keep positive when living amidst persistent disadvantage. Using detailed case material from a range of contexts, the authors illustrate how resilient mechanisms work in complex situations, and how resilient therapy works in real-life situations.

#432 2007 \$34.95

**Post Adoption Family Therapy: A Practice Manual, Cheryl Ayers, Susan Suter, and Jan Carrington**

This resource book provides current information about the unique challenges adoptive families face; describes the Protective Bonding Cycle and its role in the attachment process; and presents a treatment model utilizing six innovative, solution-focused intervention techniques which work with adoptive families.

#055 1990 \$13.00

**Your Child's Growing Mind: Brain Development and Learning From Birth to Adolescence (3rd Edition), Jane M. Healy, Ph.D.**

This is a classic guide to a child's development. It is a must read for parents and teachers who want to understand the vital relationship between brain development and learning and behavior. In plain language the latest brain research tells us about how children develop language and memory, evolve emotionally, and learn the skills necessary for reading, writing, and arithmetic. There are many stories of parents and children as they unravel some of the mysteries of their children or student's mind.

# 186 2004 \$14.00

**Becoming Attached: First Relationships and How They Shape Our Capacity to Love, Robert Karen, Ph.D.**

This book offers fresh insight into the fundamentals of emotional life using lay terms so parents and professional alike can really soak up these concepts. Robert Karen starts with the history of attachment theory and psychoanalytic theory and then continues on to contemporary issues. He explores such questions as: What are the risks of day care for children under 1 year of age, and what can parents do to manage those risks? What experiences in infancy will enable a person to develop healthy relationships as an adult?

# 188 1998 ~~\$19.95~~ \$14.95

**What Children Need When They Grieve, Julia Wilcox Rathkey**

This book recognizes that when children grieve they grieve very differently, but they have four essential concepts that need to be in place. These four concepts are routine, love, honesty and security. They are simple but crucial for children so they can successfully travel through one of the most difficult passages in life—the loss

of a loved one. This book shares and explores ways to help guide children through their loss along with ways for adults who may or may not be family on do's and don'ts.

#200 2004 \$12.95

**The Children Who Lived, Using Harry Potter and Other Fictional Characters to Help Grieving Kids and Adolescents, Kathryn A. Markell and Marc Markell**

In terms of grief and loss, the Harry Potter books repeatedly show children that these are issues that can be talked about and dealt with, even though it is never easy. Harry Potter's encounters with grief, as well as the grief experiences of other fictional characters, can be used by educators, counselors and parents to help children and adolescents deal with their own loss issues. Included in the text are a number of activities, discussion questions and games that could be used with grieving children and adolescents, based on the fictional characters in these books.

#435 2008 \$39.95

**Counseling Military Families, What Mental Health Professionals Need to Know, Lynn K. Hall**

The objectives of this book are to help the practicing counselor understand how the military works, what issues are constants for the military family, and what stressors are faced by the military member and the family. The book begins with an overview of military life before delving into specific chapters focused on the unique circumstances of reservists, career service personnel, spouses and children.

#433 2008 \$29.95



**Counseling Addicted Families: An Integrated Assessment and Treatment Model**, Gerald A. Juhnke and W. Bryce Hagedorn

In this book the authors recognize that even those treatment providers who understand the importance of the familiar context of addiction are often stymied by the variety of family treatment theories and their often imperfect fit for cases of addiction. This book provides a truly integrated model for assessment and treatment.

#434 2006 \$32.95

## ADOLESCENTS

**Brothers and Sisters in Adoption, Helping Children Navigate Relationships When New Kids Join the Family**, Arleta James, MS

Winner of the 2010 Benjamin Franklin Award as best book in the Psychology genre! This 544 page comprehensive book goes beyond the common concerns for foster and adoptive families, and focuses on families which already contain kids born into them or adopted by them who are developing normally and assists the family and already-resident children in accepting unfamiliar behaviors and different cultures, ultimately helping the new kids heal so that the family can forge strong connections and attachments to one another.

#501 2009 ~~\$30.00~~ \$24.95

**Helping Teens Work Through Grief, 2nd Ed.**, Mary Kelly Perschy

This is a complete and updated manual for facilitators of teen grief groups. It includes background information about developmental aspects of teens, the process of grief, aspects of trauma and its effects on teens, the value of a group, determining the group-appropriateness of particular teens and parental involvement.

#436 2004 \$26.95

**Family Therapy with Suicidal Adolescents**, Anthony P. Jurich

This book describes a blend of insight-oriented, behavioral and strategic family therapy, which the author has developed

over thirty-four years of dealing with suicidal adolescents. Written in an understandable, friendly and practical style, it will appeal to those in clinical practice, as well as graduate-level students pursuing clinical work.

#438 2007 \$39.95

**Adolescent Coping, Advances in Theory, Research and Applications, 2nd Edition**, Erica Frydenberg

This new edition presents the latest research and applications in the field of coping. It highlights the ways in which coping can be measured, and in particular details a widely used adolescent coping instrument.

#440 2008 \$39.95

**Risk and Resilience, Adolescent Mothers and Their Children Grow Up**, Edited by John G. Borkowski, Jaelyn R. Farris, Thomas L. Whitman, Shannon S. Carothers, Keri Weed and Deborah A. Keogh

This companion volume to *Interwoven Lives* identifies major risk factors associated with long-term development delays as well as the process that led to resilience in some of the mothers and children. This new volume traces the children's development. The editors focus on identifying risk and protective factors associated with important life course trajectories as the mothers entered early adulthood and their children became adolescents.

#441 2007 \$39.95

**The Development of Judgment and Decision Making In Children and Adolescents**, Edited by Janis E. Jacobs and Paul A. Klaczynski

In recent years, newspaper articles, television specials and other media have focused on the numerous hard decisions faced by today's youth, often pointing to teen pregnancy, drug use and delinquency as evidence of faulty judgment. This book serves as a starting point for those interested in considering new ways of thinking about the development of these issues.

#442 2005 \$75.00

**Adolescent Psychological Development, Rationality, Morality and Identity, 2nd Ed.**, David Moshman

In this thoroughly updated edition, Moshman develops his conceptualization of advanced psychological development in adolescence and early adulthood and proposes, in a new chapter, a conception of rational moral identity as a developmental ideal.

#443 2004 \$27.50

**Key Indicators of Child and Youth Well-Being, Completing the Picture**, Edited by Brett V. Brown

Indicators of child and youth well-being are indispensable tools for improving the lives of children. In this new book, the nation's leading development researchers review the recent progress made in the measurement, collection, dissemination and use of indicators of child and youth well-being. In addition, they identify opportunities for future research to expand and improve on the indicator data available, so as to develop greater measures of positive development.

#445 2007 \$49.95

## FOSTER CARE

**Foster Care Odyssey: A Black Girl's Story**, Theresa Cameron (Hardcover)

This is an actual look at the inside of foster care from the perspective of a foster care child. Theresa Cameron tells of her life inside the foster care system. This is a must read for those who work with the foster care system so they can have a better understanding of what the children go through and how they feel. It's been written that "this story will help change the foster care system for children and that no child should have to go through such an ordeal."

#195 2002 ~~\$29.00~~ \$19.95

**Mental Health Services for Children in Foster Care, Laurie M. Flynn**

This booklet, for foster parents of children with developmental or emotional difficulties, identifies the types of professionals, methods of treatment, lists of questions for professionals and resources which can be helpful to any parent of a child with developmental or emotional difficulties.

#053 1990 ~~\$5.00~~ \$2.50

**Residential Treatment: A Tapestry of Many Therapies, Edited by Vera Fahlberg, MD**

This book clearly identifies a framework for professionals and parents considering any residential placement for a child whether the child is with his birth family, foster family or adoptive family.

#041 1990 ~~\$24.95~~ \$14.95

**EXPLAINING ADOPTION**

**Making Room in Our Hearts, Keeping Family Ties Through Open Adoption, Micky Duxbury**

Adopted persons face challenges their entire lives as they struggle to answer the most basic question: Who am I? The hope of open adoption is that adopted children will develop stronger identities if they have the opportunity to develop healthy ongoing relationships with their families of origin. This book offers an intimate look at how these relationships evolve over time, with real-life stories from families who have experienced open adoption first-hand.

#446 2006 \$19.95

**Exploring Adoptive Family Life: The Collected Adoption Papers of H. David Kirk, Edited by B. J. Tansey**

Few social scientists have so persistently investigated a single facet of human life, non-relative adoptions and individual differences. Even fewer have presented complex ideas and important findings in such clear, engaging, and readily understandable language. This book serves as a log of Kirk's long journey of discovery.

#067 1988 \$8.75

**Adoption is a Family Affair! What Relatives and Friends Must Know, Patricia Irwin Johnston**

This book is based on real life experiences of adoptive families who have encountered the pain and disappointment when their families, friends and others do not understand that adoption is a different way of forming a family but is not any less a family than one formed by birth. It is a tool for those who care about adoptive families to gain a better understanding and appreciation of adoptive families.

#156 2001 \$14.99

**ADOPTION SUPPORT**

**Adopting: Sound Choices, Strong Families, Patricia Irwin Johnson, MS**

Winner of the 2009 Benjamin Franklin Award as best new book in the Self Help genre! For those who have been struggling with infertility issues, single persons, or partners in a same-sex family, this frank and honest commentary was written to help prospective adoptive parents make thoughtful decisions about adopting a child. It tackles personal questions and will challenge the reader step-by-step through the process of adoption and addresses the difficult questions that must be examined and prepares the reader to make the best decisions possible as they embark on the journey to family-building through adoption.

#500 2008 ~~\$28.95~~ \$24.95

**Adoptive and Foster Parent Screening, A Professional Guide for Evaluations, James L. Dickerson and Mardi Allen**

Screening applicants for adoption or foster homes has life-altering consequences for the children involved. The educational system that certifies thousands of social workers each year does not understand the specialized

training required to screen adoptive and foster parents. Written by a former social worker who has placed hundreds of children into adoptive and foster homes, and a clinical psychologist who meshes social work experience and psychology into a definitive guide, it is based on case histories, research data and interpretive analysis.

#447 2006 \$36.95

**Nurturing Adoptions, Creating Resilience After Neglect and Trauma, Deborah D. Gray**

The Independent Book Publishers Association awarded this book a silver medalist in recognition of excellence in independent publishing. This is Gray's toolbox for professionals who practices include fostered and adopted children who have experienced traumas which impact their ability to experience normalcy in family life. As in Ms. Gray's earlier book, *Attaching in Adoption* (2002), adoptive parents are provided with specific strategies and advice.

#448 2007 \$26.95

**Becoming A Family: Promoting Healthy Attachments with Your Adopted Child, Lark Eshleman, Ph.D.**

This book covers attachment difficulties from overseas adoptions. It provides strategies to help adoptive parents deal with attachment difficulties. It includes testimonials from parents who have tackled the many issues that can be unique to oversee adoption when a whole new culture and language are added to the many changes and challenges that go along with all adoptions.

#182 2003 \$22.95

**Being Adopted: The Lifelong Search for Self**, David M. Brodzinsky, Marshall D. Schechter, and Robin M. Henig

The authors have used the voices of the adoptees themselves to trace their adoption experiences from infancy through late adulthood. They use as their model Erik Erikson's seven stage life cycle, which describes important psychosocial tasks that confront people as they move from infancy to old age. It will open doors for thousands of adoptees who at one time or another have wondered why they felt a particular way and had no place to turn for the answer.

#072 1992 ~~\$16.00~~ \$9.99

**Adoption and the Family System**, Miriam Reitz and Kenneth Watson

The authors utilize family systems theory to construct a practical treatment approach for working with families on the myriad issues and interrelationships that surround adoption. The model described is broadly inclusive of all families linked by the adoption triangle. This book offers an entirely new approach to evaluation and treatment designed specifically for families linked in adoption.

#069 1992 \$30.00

**Adoption Resources for Mental Health Professionals**, Pamela V. Grabe, Editor

This revised edition is a valuable resource for professionals who find their diagnoses, assessment, and counseling of foster children misleading because they employed criteria based on experiences of non-adoptive children. The 23 contributors include professionals with extensive teaching and practical experience in the field.

#015 1990 \$24.95

**Clinical and Practice Issues in Adoption: Bridging the Gap Between Adoptees Placed as Infants and as Older Children**, Victor Groza and Karen F. Rosenberg

Experts representing practitioners, researchers, advocates and triad members, explore the similarities and

differences between adoptees placed as infants and as older children. The book promotes better integration of theory, practice, policy, and research in working with members of the adoption triad: adoptees, birth parents, and adoptive families. It bridges the separate practice areas pointing out the significant overlap between infant and older child adoptions and interventions that can be used when working with adoptees regardless of their age at placement. Developed as a resource text for practitioners, researchers, students, and adoption triad members.

#145 Rev. 2001 ~~\$19.95~~ \$14.95

**TRANSRACIAL  
ADOPTION/CULTURAL**

**Adoption Nation: How the Adoption Revolution is Transforming America**, Adam Pertman

Pertman provides a comprehensive, up-to-date overview of adoption in today's society. He explores the consistent movement of adoption laws and methods towards the simplification of the adoption process. He examines the impact of open adoptions and the rights and desires of birth parents, adopting parents, and adopted children. This book is a great resource for Foster Care Professionals, Adoption Professionals and Adoptive Parents. It offers valuable information and practical advice for people personally or professionally involved in adoption, by combining personal stories with an analysis of adoption with its impact on families and communities.

#180 2000 ~~\$17.00~~ \$8.95

**Does Anybody Else Look Like Me?**, Donna Jackson Nakazawa

This book is for parents and teachers to guide them through the sensitive issues of being part of a multicultural family whether by birth or adoption. It provides a look at the range of the multiracial experience from smooth sailing to struggle and addresses the special

questions and concerns facing such families, explaining how they can best prepare their multiracial children to make their way confidently in our world that is color-conscious. It outlines how to deflect the objectifying and discomfoting attention multiracial children are likely to receive whether by comments or staring.

#194 2003 \$19.95

**Being an Adoptive Family – Information and Resources for Families Enhanced Through Adoption**, Linda Cobb McClain, Ph.D., Kris Henneman, MSW, Drenda Lakin, MSW, ACSW

Adoption creates a unique family experience that has a lifelong impact on all who are touched by it. Many of the issues faced by adoptive families differ from the issues faced by parents raising birth children. This booklet explores common issues of adoption and includes information that all adoptive parents need. This booklet has been used effectively by public and private adoption agencies and courts and can be customized to meet the needs of your organization.

#166 2000 \$3.50

**Inside Transracial Adoption**, Gail Steinberg and Beth Hall

The co-directors of Pact: An Adoption Alliance offer information, resources and practical tools to support families in fostering the development of racial identity of children of color and in strengthening their family connections. It is a resource for families, whether experienced or considering transracial adoption for the first time through domestic or international adoption, as well as for the professionals working with them. It offers detailed, step-by-step, realistic guidance about issues they will face related to race and adoption.

#157 2001 ~~\$24.95~~ \$19.95



**Climbing Jacob's Ladder: The Enduring Legacy of African and American Families, Andrew Billingsley, Ph.D.**

This book looks at the evolution of Black families, describes the forces shaping them and their resiliency and strengths.

#153 1992 ~~\$15.00~~ \$9.95

**Transracial Adoptive Parenting A Black/White Community Issue, Leora Neal and Al Stumph**

This booklet provides an overview of African American children in the child welfare system. The authors are concerned that adoptive families see the total child, recognize the importance of preserving and respecting the child's culture of origin, and prepare their children to deal with racial and ethnic prejudices. They identify obstacles facing those adopted transracially and strategies parents may use for meeting those obstacles.

#088 Rev. 2003 \$10.00

**Mighty Like a River: The Black Church and Social Reform, Andrew Billingsley, Ph.D.**

This book reports on the survey of nearly 1,000 Black churches across the country who have periodically confronted social, economic, and political problems facing the African American community. The breath and effectiveness of the church's community activities, patterns of activities being undertaken today, and how activist churches confront today's family challenges are explored.

#147 1999 ~~\$19.99~~ \$9.99

**Empowering the Black Family, Gray, Hartman, Saalberg**

This book is special because some of the most noted educators and administrators in the area of prevention and services to African American families and children address critical issues to better service this population. Round table discussions

are as follows: Assessment, Services and Black Family, Social Policy and Practice, Power, Powerlessness and Practice, Prevention Approaches, Practice with Black Families. These areas are covered with frankness and professionalism.

#0131985 \$5.00 \$2.50

## CURRENT PRACTICE

**Supervision of Sandplay Therapy, Edited by Harriet S. Friedman and Rie Rogers Mitchell**

The first book on this subject is an internationally-based volume that describes the state of the art in supervision of sandplay therapy. Recognizing that practitioners are eager to incorporate sandplay therapy into their practice, the editors respond to the need for new information and successfully translate the theories of sandplay therapy into supervision practice.

#455 2007 \$34.00

**Supervision of Art Psychotherapy, A Theoretical and Practical Handbook, Edited by Joy Schaverien and Caroline Case**

This book will be an inspiration for advanced practitioners and students in training. It is the first book to formulate a unique theoretical base to current practice in art psychotherapy supervision. A central theme is the nature of the image in supervision, defining its difference from other forms of supervision in the mental health professions. Clinical practice is brought to life through vivid vignettes from diverse settings with a variety of client groups.

#456 2007 \$34.95

**Further Dimensions in Child Placement: Current Practice in Residential Group Care & Adoption Collaboration, Kathryn S. Donley Ziegler and Rochelle Haimes**

The authors describe collaborative practice between residential care and adoption workers as it has emerged during the last decade. Based on interviews with practitioners, they indicate some of the lessons learned from the experiences of the 1980's, report on expansions in the theoretical framework and in practice skills, and describe some agency responses that have resulted from collaborative efforts.

#070 1992 \$2.50

**Concurrent Planning: From Permanency Planning to Permanency Action, L. Katz, et al.**

This book was developed to replace the traditional sequential method of foster care management. It is both a philosophy and a case management method, emphasizing candor, goal setting and time limits for neglectful and abusive parents. The book explains to social workers how they can work toward reunification while, at the same time, developing an alternative permanent plan for each child.

#099 1994 ~~\$35.00~~ \$19.99

**Preparing Permanency Planning Foster Parents: A Foster Parent Training Manual, Linda Katz, Laurie Colacurcio, and Kristina Cordes**

When foster parents are identified as potential adoptive parents from the outset, the risks of loss, insecurity and anxiety rest on those most able to bear them—the adults. This book gives social workers the tools they need to guide prospective foster parents through the permanency planning process. It also includes a rationale for training permanency foster parents, explanation of necessary elements in this unique training, step-by-step training guidelines, and participant handbooks.

#098 Rev. 1994 ~~\$35.00~~ \$19.99



**Courtwise: Making Optimal Use of the Legal Process to Ensure Early Permanence for Children, Linda Katz and Norma Spoonemore**

*Courtwise* will help social workers and legal practitioners to understand each other and their respective roles, enabling both to work more closely for the benefit of the child in need. This guidebook provides a clear explanation of pertinent basic legal principles; an outline of social work beliefs; discussion of the different approaches of the two professions; recognition of the expertise each profession brings to case planning. The book includes sample court orders, contracts and written agreements to help in case planning.

#097 Rev. 1994 ~~\$35.00~~ \$19.99

**Adolescents and Families for Life: A Toolkit for Supervisors, Robert G. Lewis and Maureen Heffernan**

The Toolkit includes a workbook/training guide and CD disk with a complete PowerPoint presentation for the entire Toolkit, unit by unit and topic by topic. Organized into three sections, the Toolkit aids supervisors in promoting permanence for teens through 27 short, staff-meeting length teachable units.

#148 2000 ~~\$39.95~~ \$29.95

**Understanding Marketing: Strategies for Child Placement, Fern Tiger Associates**

Developed by three California agencies through a project to market adoption and foster care services and to recruit qualified families, this workbook shares the strategies, techniques and understanding that these agencies found necessary to create marketing and recruitment practices appropriate for each community's individual needs. It includes segments on assessing your agency's capacities, impacting community awareness, developing an image, recruiting appropriate families, focusing outreach, and educating your community.

#100 1994 ~~\$49.95~~ \$19.95

**Relatives Raising Children: An Overview of Kinship Care, Joseph Crumbly and Robert L. Little, Eds.**

This book offers policy, program and practice guidelines to assist agencies in developing and implementing quality kinship care programs. It explores the benefits and challenges of kinship care; clinical concepts, assessment and intervention; case management; and the effects of culture, gender roles and hierarchy of authority on practice with kinship families. It examines legal relationships and looks at federal and state policy and program issues with an examination of the philosophy and values related to the provision of financial support to kinship families, state policy directions, the emerging federal role, and permanency planning.

#127 1997 ~~\$12.95~~ \$8.95

## DISORDERS

**Don't Call It Love: Recovery From Sexual Addiction, Patrick Carnes, Ph.D.**

This book shows the true face of those who suffer the possibility of destruction, risking their families, finances, jobs, dignity, and health from their sexual addiction. This is the first major scientific study of this disorder. Advice and testimonies given from a thousand addicts and co-addicts as they work to overcome their compulsive behavior. This book offers self assessment and abuse surveys. This book is an important resource for those working and dealing with sexual addicts and those who have been abused.

#201 1991 ~~\$18.00~~ \$8.95

**Handbook of Childhood Behavioral Issues: Evidence-Based Approaches to Prevention and Treatment, Edited by Thomas P. Gullotta and Gary M. Blau**

Gullotta and Blau have assembled an exciting group of contributors and a distinctive text. By devoting the first six chapters to foundational, family and community issues, they address the

crucial importance of these factors in a manner seldom seen in other tests. For students and others new to the field, establishing this foundation will no doubt help others successfully negotiate the complexities of this field.

#460 2007 \$95.00

**Childhood Disorders, Philip C. Kendall**

This book provides an up-to-date summary of current information about the psychological disorders of childhood—their causes, nature and course—together with discussion and evaluation of the major models that guide psychological thinking about the disorders.

#461 2000 \$28.95

**Severe Emotional Disturbance in Children and Adolescents, Psychotherapy in Applied Contexts, Denis Flynn**

This clinical material is stimulating and discusses issues such as the rehabilitation of abused children with their parents, adoption, and group work with physically disabled adolescents. It conveys the experiences of severely emotionally disturbed children in detailed accounts of psychoanalytic psychotherapy, and explores the life and death struggles against severe self-harm to body and mind by the most distressed sections of adolescents.

#463 2004 \$29.95

**Children's Anxiety, A Conceptual Approach, Edited by Peter Appleton**

This outstanding volume provides an introduction to anxiety in children and teenagers, emphasizing the importance of understanding the life circumstances of young people. The book provides an up-to-date account of research on the developmental, familial and social context of child anxiety, along with nine vibrant and detailed case studies illustrating the ways in which young people can be helped to deal with serious and complex anxiety problems.

#464 2008 \$43.95

**Childhood Anxiety Disorders, A Guide to Research and Treatment, Deborah C. Beidel and Samuel M. Turner**

This book presents information on childhood fears, anxiety and anxiety disorders for mental health professionals. Although firmly rooted in the current scientific research, theory and discussion, the book is written in a style that is free from technical jargon, making it highly readable.

#465 2005 \$44.95

**Anxiety, 2nd Ed., Stanley J. Rachman**

This thoroughly revised edition discusses anxiety, a pervasive and significant negative effect that is a central feature of many psychological problems, including those that were frequently called "neuroses."

#466 2004 \$26.95

**Depression, 2nd Ed., Constance Hammen and Ed Watkins**

The presumed causes of depression, including genetic and biological factors, as well as the cognitive, life stress, family and interpersonal contributors to depression are explored in detail.

#467 2007 \$26.95

**Handbook of Child and Adolescent Obsessive-Compulsive Disorder, Edited by Eric A. Storch, Gary R. Geffken and Tanya K. Murphy**

This is the definitive book on OCD in children and adolescents. It provides a comprehensive review of the existing literature on pediatric OCD, and is a welcome contribution to the extant literature, which otherwise lacks a text detailing the state of knowledge in this area.

#469 2007 \$79.95

**Personality Disorders, Paul M. Emmelkamp and Jan Henk Kamphuis**

This comprehensive evidence-based book provides a broad and in-depth coverage of personality disorders across a variety of patient groups and treatment settings.

It brings together research examining psychological and biological variables that may play a role in the development of personality disorders.

#470 2007 \$26.95

**Personality Disorders and Eating Disorders, Exploring the Frontier, Edited by Randy A. Sansone and John L. Levitt**

Despite the overwhelming evidence supporting a multifaceted relationship between personality disorders and eating disorders, few attempts have been made to explore the interface between these two areas in a cogent synthesis with prevalence, etiology and treatment approach with respect to both conditions. This work includes chapter contributions from authors both in the eating-disorder field and personality-disorder field, with a clinical focus in a readable format.

#471 2006 \$39.95

**EATING DISORDERS**

**Creating Bodies, Eating Disorders as Self-Destructive Survival, Katie Gentile**

Amid the welter of clinical studies, memoirs and other death-defying tales of eating disorders, we remain unclear about the relationships among trauma, anorexia and bulimia, and about the psychological pathways to recovery. This book offers the gripping story of healing and transformation detailed in one woman's diaries. In the excerpts reprinted herein, we watch Hannah navigate violent adolescent friendships, descent into anorexia and bulimia, marry an abusive man, struggle to recover from memories of sexual abuse, and finally to heal.

#475 2006 \$39.95

**Skills-based Learning for Caring for a Loved One with an Eating Disorder: The New Maudsley Method, Janet Treasure, Grainne Smith and Anna Crane**

Through a coordinated approach, this book offers information alongside detailed techniques and strategies, which aim to improve professionals' and home carers' ability to build continuity and consistency of support for their loved ones. The authors use evidence-based research and personal experience, as well as practical support skills, to advise the reader on a number of difficult areas in caring for someone with an eating disorder. This book is essential reading for both professionals and families involved in the care and support of anyone with an eating disorder.

#476 2007 \$22.95

**Anorexia Nervosa, A Survival Guide for Families, Friends and Sufferers, Janet Treasure**

This book includes sections for parents and other caregivers alongside a section for the sufferer herself. So often books have been written which only give one perspective. In her work with patients and families, Janet Treasure has tried to ensure that family and professionals collaborate and cooperate in order to overcome the power of the illness.

#477 1997 \$24.00

**Getting Better Bit(e) by Bit(e), A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders, Ulrike Schmidt and Janet Treasure**

Easy to read and illustrated with many real-life examples, this book addresses the specific problems faced on a daily basis by bulimia sufferers. The only self-help program that has been evaluated in a randomized and controlled trial, it provides detailed step-by-step advice for dealing with this condition.

#478 1993 \$26.95

**Clinician's Guide: Getting Better Bit(e) by Bit(e), A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders**, Ulrike Schmidt and Janet Treasure

The authors of Getting Better Bit(e) by Bit(e) have also written this Clinician's Guide to help health care professionals maximize the benefit that patients obtain from the self-help book.

#479 1997 \$42.00

**Eating and Weight Disorders**, Carlos M. Grilo

Eating disorders refer to a range of problems characterized by abnormal eating behaviors and beliefs about eating, weight and shape. Eating disorders, which are classified as psychiatric problems, and obesity, which is classified as a general medical condition, reflect a diverse and perplexing array of biological, social and psychological phenomena. Including the most up-to-date research, the author provides a balanced and authoritative overview of current thinking in the fields of eating disorders and obesity.

#480 2006 \$26.95

**The Prevention of Eating Problems and Eating Disorders, Theory, Research and Practice**, Michael P. Levine and Linda Smolak

This is the first authored volume to offer a detailed, integrated analysis of the field of eating problems and disorders with theory, research and practical experience from community and developmental psychology, public health, psychiatry and dietetics. The book highlights connections between the prevention of eating problems and disorders and theory and research in the areas of prevention and health promotion; theoretical models of risk development and prevention.

#481 2005 \$55.00

**Handbook of Pediatric and Adolescent Obesity Treatment**, Edited by William T. O'Donohue, Brie A. Moore and Barbara J. Scott

This volume brings together behavioral, medical and public health approaches and provides the knowledge necessary for a wide range of practitioners to effectively address the current obesity epidemic among adolescents. The book addresses several themes in pediatric and adolescent obesity by experts in the field in order to promote an individualized approach that will best fit the patient and family.

#483 2007 \$125.00

**Eating Disorders in Childhood and Adolescence, 3rd Ed.**, Edited by Bryan Lask and Rachel Bryant-Waugh

In the third edition of this accessible and comprehensive book, the editors build on the research and expertise of the previous two editions. First published in 1993, this was the earliest book of its kind to explore eating disorders in people under 15, a population that is very distinct from those in their late teens and adulthood.

#484 2007 \$39.95

**PHYSICAL & SEXUAL ABUSE**

**Choosing to Heal, Using Reality Therapy in the Treatment of Sexually Abused Children**, Laura Ellsworth

The number of sexual abuse disclosures by children has been increasing at a steady rate. This book breaks new ground as the first resource to use Reality Therapy and Choice Therapy in focusing on the treatment of sexually abused children. Mental health professionals are provided with numerous techniques and strategies to utilize during the treatment process. This is a must-have resource for anyone helping a child heal from sexual abuse.

#490 2007 \$34.95

**Child Sexual Abuse, Disclosure, Delay and Denial**, Edited by Margaret-Ellen Pipe, Michal E. Lamp, Yael Orbach and Ann-Christin Cederborg

This volume provides the first rigorous assessment of the research relating to the disclosure of childhood sexual abuse, along with the practical and policy implications of the findings. Leading researchers and practitioners from diverse and international backgrounds offer critical commentary on the previously unpublished findings gathered from both field and laboratory research. Cross-cultural, clinical and multi-disciplinary perspectives are provided. The goal is to learn more about why children frequently remain silent about their abuse, deny it or, if they do disclose, do so belatedly and incompletely, often recanting their allegations over time.

#491 2007 \$34.95

**Women and Child Sexual Abuse, Feminist Revolutions in Theory, Research and Practice**, Sam Warner

This book draws on feminism and post-structuralism to critically examine current perceptions of women, girls and child sexual abuse in psychology, psychiatry and the mass media. The book demonstrates the need to question the use of formulaic methods in working with abused women and girls, and calls for an explicit concern with politics, principles and ethics in the related areas of theory, research and practice.

#492 2008 \$27.95

**The Handbook of Clinical Intervention with Young People who Sexually Abuse**, Edited by Gary O'Reilly, William L Marshall, Alan Carr and Richard C. Beckett

This handbook provides authoritative, critical and up-to-date reviews of the growing body of empirical and theoretical knowledge in this field and clearly demonstrates how this knowledge can be used to guide and develop evidence-based practice for assessment and treatment

#495 2004 \$48.95

**The Men's Program, A Peer Education Guide to Rape Prevention, 3rd Ed.,**

**John D. Foubert**

This book is a unique, all-male peer education program conceptualized, developed, implemented and practiced by the author. This program is designed to educate young men (college and high school aged) on how to lower the likelihood of committing rape themselves, further educate their peers in the hope of preventing rape, and also give them advice on how to comfort a friend who comes to them after being raped. This book is the central piece of the program, and is necessary for all peer educators who wish to implement and run a program

#496 2005 \$31.95

**Sexual Abuse of Males, The SAM Model of Theory and Practice, Josef Spiegel, Ph.D.**

This comprehensive book is one of the first to tackle the grave matter of the sexual abuse of boys in all its complexity. Based on the life histories of more than one thousand sexually abused boys and adult males with histories of childhood sexual abuse, this book examines the myriad biological, psychological, interpersonal, familial and social variables that underlie and impact the experience of childhood sexual abuse.

#497 2003 \$22.95

**AUTISM**

**Childhood Autism, A Clinician's Guide to Early Diagnosis and Integrated Treatment, Jennifer Hillman and Stephen Snyder**

This book provides clinicians with a comprehensive guide for working with autistic children and their families. It offers practical assistance with early diagnosis, cutting edge treatment options and goals, interdisciplinary insights and available resources. Empirical research findings are presented in a clear,

accessible manner. Perhaps most importantly, vivid case examples bring both the therapist's and patient's experience to the fore as they work towards recovery. This clear and informative book should be required reading for professionals and students in the fields of medicine, social work, psychology, education, and any other clinicians who work with children on the autism spectrum.

#486 2007 \$35.95

**The Role of Autism in Shaping Society, John Lawson**

The topic of Autism Spectrum Conditions (ASCs) has received much attention in recent years. This book expands on a new cognitive theory which argues that what we see in autism is an extreme form of a tendency that exists in all people, and that this tendency is stronger in males. Given the influence that males have had in shaping (western) society it begs the question—how has this greater tendency in males manifested in the social structures, norms and values that structure our society? This is the first book to explore how this inclination towards autism in the general population has shaped the society we live in.

#487 2008 \$40.00

**EXTRAS**

**Swings Hanging from Every Tree: Daily Inspirations for Foster and Adoptive Parents, Susan Stone**

This book contains 365 daily tips or inspirations written by experienced adoptive and fostering parents. This book would make a great gift.

#163 2001 \$14.95

**Bande: Share Our Life . . . As Our Own, Robert L. Douglas, Playwright**

This is the play book of a one act play written for the Bande project, a partnership between Detroit area churches and children's agencies seeking adoptive families for African American children and teens. The play may be presented in churches or other community institutions and organizations to heighten community awareness of the need for adoptive families. When youngsters waiting for a permanent family have taken parts in the play, it has empowered them to speak out about the need for permanent families for youth. Many of the youth who have been actors in the play in the Detroit area now have permanent families.

#129 1998 \$1.00

**Dance Movement Therapy, Theory, Research and Practice, 2nd Ed., Edited by Helen Payne**

This thoroughly updated edition echoes the increased world-wide interest in dance movement therapy and makes a strong contribution to the emerging awareness of the nature of embodiment in psychotherapy. Recent research is incorporated, along with developments in theory and practice, to provide a comprehensive overview of this fast-growing field.

#401 2006 \$35.95

**Drama as Therapy, Theory, Practice and Research, 2nd Ed., Phil Jones**

This new edition presents a coherent review of the practice and theory of Dramatherapy. With a unique combination of practical guidance, clinical examples and research vignettes, this fully revised second edition considers development in the field over the last decade and researches the impact of the 'core processes' on clinical practice.

#402 2007 \$40.00



**Play Therapy, The Art of the Relationship, 2nd Ed.,** Garry L. Landreth

This essential text is a thorough update to the 1991 first edition best-selling book, the most widely used text for play therapy courses. It refreshes the history and development in play therapy including research results. This is a must-read for all child therapists.

#403      2002      \$44.95

**Ethics in American Adoption,** L. Anne Babb

This book explores the lack of consensus about what constitutes ethical practice in adoption. It looks at the uncertainty those in the field of adoption experience in seeking to serve the best interest of children who need to be adopted. It explores how birth parents, adoptive parents, and adult adoptees ought to be served. It suggests that the failure to identify and prioritize ethical standards in adoption has resulted in a lack of ethical decision-making and inadequate treatment of those seeking adoption related services. It includes a recommended model for ethical standards in adoption and discusses the challenges to change.

#132      1997      \$29.95

**Always Separate, Always Connected, Independence and Interdependence in Cultural Contexts of Development,** Catherine Raeff

This book presents a fresh conceptualization which holds that independence and interdependence are multifaceted and inseparable dimensions of human functioning that may be defined and enacted differently in different cultures. Thus, the current approach accounts for the fundamental separateness and connectedness of all human beings in a way that is both universally applicable and culturally sensitive.

#407      2005      \$69.95

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Each of the curricula listed includes one copy of the Trainer's Guide, a Participant's Handbook and each of the videotapes. The Trainer's Guides offer step-by-step instructions for preparing for and presenting the training, highlighting local issues, facilitating exercises, exploring concepts and using the accompanying video vignettes. The Participant Handbooks include materials used by participants during the training and which may also be used for reference following the training. The videotapes highlight issues, reinforce training concepts, help launch interactive learning and discussion and provide models and strategies for practitioners and, in some instances, for parents. *Additional Participant Handbooks may be ordered for use by participants in the training sessions.*



## Adoption Support and Preservation (ASAP)

ASAP is a four-day curriculum designed for mental health clinicians and child welfare professionals who are working with families after adoption. The curriculum is designed to train post-adoption service providers about the lifelong issues related to adoption. The one hour and 41 minutes of videotape reinforce training concepts and launch interactive discussion and learning. (1996)

Curriculum	#117	\$1,000.00	Participant Handbook	#118	\$15.00
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## Child Assessment and Preparation (CAP)

This curriculum provides one day of training focused on critical factors in child assessment that can inform decision making in permanency planning for children. It explores tools and techniques for assessing and preparing children for any move, while focusing on adoption planning. It looks at the role of the practitioner and the development of a child assessment and preparation plan. The curriculum includes a Trainer's Guide, Participant's Handbook and two video vignettes that highlight issues, reinforce training concepts and helps launch interactive learning and discussion. (1998)

Curriculum	#141	\$250.00	Participant Handbook	#142	\$15.00
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## Cultural Competence in Child Welfare (CCC)

This curriculum provides for 10 days of training which can be delivered in two to three training day modules. The first day of training lays the theoretical foundation for the subsequent days. This day is followed by two days of training focusing on historical events and practice issues for a particular cultural group (African American, Asian/Pacific American, Hispanic/Latino, and Native American), or by one training day for administrators focused on tailoring agency policies, procedures and practices to culturally diverse groups. The five videotapes, including 26 vignettes, provide visual illustrations of the issues, models and strategies for practitioners and administrators related to specific cultural groups and communities. (1995)

Curriculum	#115	<del>\$2,525.00</del> \$998.00	Participant Handbook	#116	\$25.00
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## Cultural Competence for Foster and Adoptive Parents

This intensive three-day video driven training supports foster and adoptive parents in reflecting on and improving their cultural competence in parenting as well as interfacing with other individuals from different cultures. Drawing from the premise that individuals as well as agencies must change to meet the diverse and changing needs of children and communities, the training focuses on four cultural groups—African American, Asian/Pacific, Hispanic/Latino and Native American. The curriculum includes a Trainer's Guide, Participant's Handbook and videos. (2000)

Curriculum	#171	<del>\$990.00</del> \$720.00	Participant Handbook	#172	\$10.00
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## Parents As Tender Healers (PATH)

PATH is an eight-session competency-based curriculum designed to prepare resource parents (foster, adoptive and kinship parents) for parenting children who have been abused, neglected and spent time in the child welfare system. The jargon-free Trainer's Guide is readily used by both parent and professional trainers. The six video vignettes highlight experiences of children and resource families and provide guidance to potential resource families. (1997)

First Curriculum	#124	\$495.00	Participant Handbook	#125	\$12.95
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## Special Needs Adoption Curriculum (SNAC)

SNAC is organized around six days of training, three on family preparation and assessment for adoption, one on post-placement services, and two on foster parent adoption. The 16 video vignettes highlight issues in special needs adoption and illustrate techniques and tools for use in family preparation and assessment, and the process of family preparation and assessment and post placement services. They provide an overview of basic concepts underpinning the curriculum: empowerment, a non-deficit approach, cultural sensitivity, attachment and separation theory, and an ecological perspective. (1991)

Curriculum	#057	\$1,500.00	Participant Handbook	#058	\$15.00
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**Family Bound, Spaulding for Children**

A nine-session psycho-educationally based curriculum designed to help find resource families and prepare teens by permanency and by connecting parenting figures and today's teens. It recognizes that the dynamics of adolescent adoptions are fundamentally different from those of younger children. It places very different demands on parents, children, and support systems, and helps adolescents identify what they need to do to get beyond where they may be stuck and the resources they need to move on emotionally and perhaps physically. (2000)

Complete Curriculum (Group Leader's Manual for Teens, Group Leader's Guide for Working with Families and the two booklets listed below)

#149 \$425.00

Teen's Handbook (Used by participants.)

#151 \$12.50

Welcome In: A Guide for Family Bound Families

#152 \$22.00

Parent Handbook

#169 \$5.95

**The Right To Be The Grown-up: Helping Parents Be Parents To Their Difficult Teens, Jerome A. Price and Judith Margerum**

A 5-session outstanding parenting skills training program that is ideal for addressing the special problems that parents face with today's youths. Therapists will find a host of practical, easy-to-implement strategies for working with parents to reclaim their lives when their children's behavior is out of control. The authors offer a frank but compassionate perspective as they explain that in striving so hard to become better parents—more open, more understanding, more supportive—many of us have lost sight of the importance of discipline and authority in the relationship. This book is highly recommended not only to wary parents of adolescents but also to individual and family therapists who work with troubled teens and their families. Developed by the Michigan Family Institute, this skills program has already met with great success through workshops and training based on it. (2003)

Facilitator's Guide #168 \$42.95

Parent Handbook #169 \$5.95

**Multiple Transitions: A Young Child's Point of View on Foster Care and Adoption, The Infant Parent Institute**

Employs the unique format used in the first film: there are no adults—or even adult voices—to be seen or heard. The script attempts to distill what children would teach us, if they had the chance, about what being moved around feels like, how and why their behavior begins to change, and what happens to their availability for new attachment. The film ends with a few suggestions on how we might be able to do it better. (16 min.)

#207 1997 ~~\$70.00~~ \$29.99

**Peaces: Babies Have Their Say about Domestic Violence, The Infant Parent Institute**

Represents what prenatals, infants and toddlers would say—if they but had a voice, and if we would actually listen—about experiencing domestic violence. Formed around a poem, with some of the words spoken by young children, this video presumes that domestic violence is an intensely up-close and personal phenomenon for babies, and teaches that babies have little choice but to respond, in some way. Suggestions are made, at the end, about action steps for grownups. (17 min.)

#209 2002 ~~\$70.00~~ \$39.99

**Family Transitions: Young Children Speak Their Minds about Divorce, The Infant Parent Institute**

An effort to collect in one place, and then put into words the many things little ones “say”—in their drawings, in their behavior, and sometimes even in their words—when their families are coming apart. Designed for use by mediators, judges, support programs for divorcing couples—and parents, themselves—as they examine the feelings of young children of divorce. (16 min.)

#208 1999 ~~\$70.00~~ \$39.99

**Gentle Transitions: A Newborn Baby's Point of View About Adoption, The Infant Parent Institute**

Suggestions on what we grown-ups should think about, and do, to make the adoption experience work best for a baby. Presented as if written by an infant, this video may be useful for birthparents, adoptive parents and adoption training. Covered are issues ranging from the importance of the adoptive family having a chance to be pregnant for their adopted baby to the importance of some sort of ritual to mark the transition from one family to the other. Explanations are offered from some of the adopted baby's subsequent behavior and a plea to remember that he is watching us. (10 min.)

#206 1997 ~~\$70.00~~ \$39.99

**Child Assessment and Preparation: Role of the Practitioner & Tools and Techniques, Spaulding for Children**

This video illustrates the practitioner's role in assessing children in part 1 and focuses on specific tools and techniques that practitioners may use to gather information and prepare children in part 2. It explores the types of information to be gathered and the various sources of information. It focuses on the need to engage the child in the assessment process and suggests various roles the practitioner plays in the process. (approx. 30 min.)  
*Now available on DVD.*

#144 1998 \$95.00

**Tender Healing, Spaulding for Children**

This video features three segments designed to help parents and professionals better understand issues related to helping children make transitions, attachments and describes effective discipline. This video, already included in the full PATH curriculum package, can be used alone to augment any parent training program. (45 min.) *Now available on DVD.*

#126 1997 \$95.00

## **Core Issues in Adoption, Spaulding for Children**

This video discusses issues unique to adoption (separation, loss and grief; bonding and attachment; claiming; entitlement; mastery and control; unmatched expectations; family integration; identity formation) through interviews with adoptive parents, adult adoptees and birth parents. By discussing the ways that they have worked through these issues, the individuals on the tape reinforce the idea that adoption is different. Their candor provokes excellent discussion about these core issues and helps the audience gain an understanding of the lifelong impact of forming a family in this way. (25 min.) *Now available on DVD.*

#119 1996 \$95.00

## **Adoption: Making It Last (VHS)**

A compelling look at the need for supportive services to keep adoptive families together. Produced by CS Communications in collaboration with the Virginia Department of Social Services, looks at four adoptive families facing a wide range of challenges and the array of adoption support and preservation services required to prevent dissolution. (16 min.)

#091 ~~\$45.00~~ \$9.99

## **The Children Who Wait, Spaulding for Children**

Special needs adoption practice is shaped and driven by the needs of children who wait for adoption placement. This video illustrates how children come into the child welfare systems, behaviors they develop to survive living in the system, and the implications for parenting. It includes parents, children and professionals speaking to these issues. (30 min.) *Now available on DVD.*

#035 1989 \$95.00

## **Characteristics of Successful Adoptive Families, Spaulding for Children**

This documentary-style DVD features families and professionals who discuss, describe and demonstrate "what it takes" to successfully parent a child with special needs. In short segments, the characteris-

tics are presented with honesty, wisdom and humor, tolerance for ambivalence and negative feelings; entitlement; intrusive and controlling qualities; flexible expectations; ability to delay parental gratification; tolerance for rejection; ability to meet personal needs; ability to use resources; and flexible family roles. (22 min.) *Now available on DVD.*

#036 1989 \$95.00

## **Black Boys are Wonderful (VHS)**

Boys present, in their own words, the plight of African American boys of all ages who are backlogged in our child welfare system waiting for permanent adoptive homes. In addition to the boys, the tape includes comments by national African American adoption authorities, Sandy Lawrence of New Jersey's Black Adoption Consortium, Inc. and Zena Oglesby of the Institute for Black Parenting in Los Angeles, CA. (16 min.)

#078 ~~\$45.00~~ \$9.99

## **Making a Difference (VHS)**

This video explores reasons typically offered as impediments to African American families becoming foster and adoptive parents. The video's purpose is to educate the community about the need for African American foster and adoptive homes. Challenging in content, yet empathetic in tone, this tape is appropriate for orientation meetings for prospective foster and adoptive parents. (10 min.)

#079 ~~\$45.00~~ \$9.99

## **African American Culture: A Perspective from History and Child Welfare, Spaulding for Children (VHS)**

Dr. Carlyle Stewart addresses the heritage of African Americans in this country, highlighting the traditional role of spirituality in the African American community, the church's interface with the social service system, and the need for collaboration between the two. Shane Salter also shares powerful insights from personal experiences growing up in the child welfare system. (60 min.)

#086 1993 ~~\$15.00~~ \$4.99

## **Hispanic/Latino Culture: A Perspective from History and Child Welfare, Spaulding for Children (VHS)**

Guadalupe Lara and Elba Montalvo discuss the needs of Latino families related to child welfare services including community education, social services, human services training and public policy advocacy. The diversity of the rich culture and history is also presented. (60 min.)

#087 1994 ~~\$15.00~~ \$4.99

## **Native American Culture: A Perspective from History and Child Welfare, Spaulding for Children (VHS)**

James Cadwell uses the tradition of story telling to relay a personal perspective of historical and cultural information of Native Americans in South Dakota. Richard Acevedo examines the Indian Child Welfare Act, including the issues and implications for the child welfare system. (60 min.)

#090 1994 ~~\$15.00~~ \$4.99

## **Engaging Culturally Diverse Communities, Spaulding for Children (VHS)**

This video presents a framework for working effectively with culturally diverse communities. It includes short segments that define and illustrate successful strategies used in actual practice. Individuals share examples of how the framework has worked for them in their work with culturally diverse communities. (13 min.)

#105 1995 ~~\$15.00~~ \$4.99

## **Recruitment and Retention of African American Families, Spaulding for Children (VHS)**

This video discusses successful strategies used by community-based organizations to reach African American families with step-by-step strategies for "getting the word out" to the community. It explores retention issues and discusses what must happen to maintain families through the process. (17 min.)

#111 1995 ~~\$45.00~~ \$9.99



### **Recruitment and Retention of Hispanic/Latino Families, Spaulding for Children (VHS)**

This video describes elements for a successful recruitment effort. It offers culturally appropriate suggestions for “getting the word out” to Hispanic/Latino families and explores the issue of retention, describing how to keep recruited families motivated throughout the process. (12 min.)

#112 1995 ~~\$45.00~~ \$4.99

### **Cultural Competence: A Community-Based Approach, Spaulding for Children (VHS)**

This video begins with the premise that child welfare services must change to meet the changing needs of children and families served. Community-based organizations in African American, Native American, Asian/Pacific American and Hispanic/Latino communities share values and principles and make a “call to action” for administrators and social workers to adopt these principles in their day-to-day child welfare work. This model can be used in working with various cultural communities. (24 min.)

#104 1995 ~~\$15.00~~ \$4.99

### **Developing Cultural Competence, Spaulding for Children (VHS)**

This video defines culture and cultural competence from various perspectives and outlines the five basic steps in the developmental process of adapting one’s practice to cultural competence: awareness and acceptance of difference, self-assessment, development of cultural knowledge, understanding the dynamics of difference, and adapting services. Practitioners and administrators from various cultural groups offer examples from their own practice. (18 min.)

#103 1995 ~~\$45.00~~ \$9.99

### **Understanding the Indian Child Welfare Act, Spaulding for Children (VHS)**

This video uses a straightforward presentation to highlight and illustrate the provisions of the Indian Child Welfare Act. (17 min.)

#113 1995 ~~\$45.00~~ \$4.99

### **History: African American Culture, Spaulding for Children (VHS)**

This video explains how historical events have affected the African American experience. It includes a look at the impact of slavery, the civil war, emancipation, segregation, northern migration, the Civil Rights movement, and the celebration of the African roots on the strengths of African American families and communities. (20 min.)

#107 1995 ~~\$15.00~~ \$4.99

### **History: Hispanic/Latino Culture, Spaulding for Children (VHS)**

This video gives a brief overview of the rich and varied history of Hispanic/Latino communities in the U.S. It paints a picture of Hispanic/Latino people: their indigenous and Spanish roots, the African influence, the migration experience for some, and the strengths and values that have persisted through time. (12 min.)

#109 1995 ~~\$15.00~~ \$4.99

### **History: Native American Culture, Spaulding for Children (VHS)**

This video highlights Native American traditions and values and provides a historical overview of the struggle between Native American people and federal policies. (20 min.)

#110 1995 ~~\$15.00~~ \$4.99

### **History: Asian/Pacific American Culture, Spaulding for Children (VHS)**

This video provides a historical overview of the predominant cultural groups represented among Asian/Pacific Americans in the U.S., including some of the strengths and values common to these cultures that have persisted through time. (23 min.)

#108 1995 ~~\$15.00~~ \$4.99

### **The Administrative Role in a Changing Environment, Spaulding for Children (VHS)**

This video presents strategies for administrators for their organizations to work with a culturally diverse population. Short segments illustrate the following strategies: making the commitment; developing a diverse culturally competent work force; developing a culturally diverse advisory group; building partnerships and collaborative networks; and developing culturally relevant policies, practices, and procedures. (25 min.)

#106 1995 ~~\$45.00~~ \$4.99

### **Asian/Pacific American Families and the Child Welfare System, Spaulding for Children (VHS)**

Strategies for practitioners serving Asian/Pacific American communities focusing on barriers families may face in their encounters with the child welfare system and effective strategies utilized by the community-based organizations are presented in this video. (17 min.)

#114 1995 ~~\$15.00~~ \$4.99

### **Asian/Asian American Culture: A Perspective from History and Child Welfare, Spaulding for Children (VHS)**

Sook Wilkinson examines the history of the Korean culture and traces the evolution of Korean adoption in America; Hung Nguyen explores norms and values from Asian/Asian American culture and effective strategies for therapeutic intervention; and Jeff Galloway shares personal experiences of a Korean adoptee in this country. The rich history and diversity of Asian/Asian American culture and implications for service providers are highlighted. (60 min.)

#092 1994 ~~\$15.00~~ \$4.99

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## CS-22

### **Cultural Competence Training for Foster and Adoptive Parents**

This intensive three-day video-driven training supports foster and adoptive parents in reflecting on and improving their cultural competence in parenting as well as interfacing with other individuals from different cultures. Drawing from the premise that individuals as well as agencies must change to meet the diverse and changing needs of children and communities, the training focuses on four cultural groups: African American, Asian/Pacific, Hispanic/Latino and Native American.

#### **Objectives:**

- To identify specific roles and related skills for cultural competence.
- To conduct and reflect upon a cultural competency self assessment.
- To identify strategies for all foster and adoptive parents to support their agency's cultural competence.
- To enhance the capacity of participants to work in cross cultural situations.
- To increase knowledge and understanding of the African American, Asian/Pacific American, Hispanic/Latino, and Native American cultural groups and their respective family values and strengths.

### **Family Bound**

This two-day train the trainer session will train agency workers to implement the entire curriculum. The curriculum contains nine psycho-educationally based sessions that explore the issues involved in preparing youth to successfully transition (or re-transition) into a family. It provides tools to help workers prepare adolescents and teens to meet the challenges they face in their search for permanency. Participants will have an opportunity to experience the tools and techniques presented in the training.

#### **Objectives:**

- Understand the philosophy of *Family Bound*.
- Understand the issues involved in preparing youth to successfully transition into a family.
- Understand the process of attachment for the adolescent as it differs from the process of younger children.
- Understand the importance of relationship building using the nine session group format.
- Explore the different dynamics that occur in adolescent placements which places different demands on parental figures.
- Explore the procedures and supports that allow permanency planning to succeed.

### **Working with the Sexually Abused Child in Foster Care and Adoptive Placements**

This training addresses sexual abuse and its effects on children and adoptive or foster families. Emphasis will be placed on the family's role in healing.

#### **Objectives:**

- Understand the range of childhood sexual behaviors and warning signs.
- Improve methods of interviewing the sexually-abused child and completing the assessment using tools and techniques.
- Be able to develop successful intervention and treatment plan.
- Be able to teach parents how to respond to sexual behaviors and parenting a child who was sexually abused.
- Review case example.

### **Child Assessment and Preparation Curriculum (CAP)**

This one or two day training will put forth an ecological, child-focused practice model that can help adoption workers prepare children from the child welfare system for the challenges they will face in the future. Participants will be given the opportunity for hands-on experience with the tools and techniques presented in the training.

### **Adoption Support and Preservation Curriculum (ASAP)**

This one to four day training highlights the key mental health treatment issues faced by adoptive families. In addition to learning about the ways in which adoption is different than forming families biologically, the training provides specific tools and techniques to help adoptive families build attachments and maintain their commitment to one another.

### **Effectively Responding to the Emotional Aspects of Trauma, Loss and Grief**

This one or two day training explores the emotional issues and painful experience for those dealing with termination of parental rights as well as the issues related to moving children into an adoptive placement. Practical approaches and clinical interventions to supporting families (biological, foster, adoptive) and case managers through the termination of parental rights process. The training explores ways to respond to the issues children present who have experienced previous traumatic events.

### **Cultural Competence in Child Welfare Curriculum (CCC)**

This intensive 3-10 day video-driven training outlines five basic steps in the developmental process of adapting one's practice to cultural competence. Drawing from the premise that child welfare services must change to meet the diverse and changing needs of children and communities, the training focuses on four cultural groups: African American, Asian/Pacific, Hispanic/Latino and Native American. Training includes an administrative day that focuses on the administrative role in this changing environment.

### **Timely Decision Making & Risk Management in Child Placement & Permanency Planning**

This one or two day training will explore the most critical elements involved in managing risk and making timely decisions for permanence for children in foster care and adoption. The training covers family and child assessment issues, differences in foster care, pre-matched and new recruited family's for children and tools that could be used in team decision making efforts.

### **Supporting Birth Family Decision Making**

This comprehensive two-day training focuses on developing a child-centered permanency planning team approach that engages birth and extended family members in developing a permanency plan that focuses on safety, support, continuity of relationships and timely permanence. This training explores the principles of family group decision making, permanency mediation and concurrent planning.

### **Successful Kinship Care: What Families Say Works**

This one day session explore issues critical to assuring successful permanency placement plans with kinship families, including case-worker attitude, beliefs, skills, knowledge and post-placement supports and services.

### **Special Needs Adoption Curriculum (SNAC)**

This one to five day training provides child welfare professionals an opportunity to examine the current needs of the adoption field and the participant's roles within it, to build knowledge and skill in conducting and empowering the adoption process, to contribute to ethnic competence in adoption practice.

### **Recruitment and Retention of Foster and Adoptive Families**

This one to three day training explores the critical elements to developing and implementing a strategic recruitment and retention plan.

### **Making the Commitment to Adoption**

This two-day train the trainer (on the delivery of this four-session training) is a supplement to the *PRIDE* curriculum designed by CWLA. The target audience is families who only want to adopt and not foster as well as foster parents who are adopting children in their care. Before delivering this training, this curriculum must be tailored to respond to your state's specific requirements.

### **Parents as Tender Healers (PATH)**

This two day train the trainer session will train agency workers as well as foster parents as co-facilitators in preparing resource parents (foster, adoptive and kinship) for parenting children who have been abused, neglected and spent time in the child welfare system. The jargon-free Trainer's Guide is readily used by both parent and professional trainers. The six video vignettes highlight experiences of children and resource families and provide guidance to potential resource families.

### **Concurrent Planning**

This one or two day training will assist workers in understanding and balancing their efforts towards family reunification while, at the same time, developing an alternative permanent plan. The training focuses on the philosophy and case management methods used in concurrent planning.

### **Decision Making and Matching**

This one or two day training explores the most critical elements involved in managing risk and making timely decisions for permanence for children in foster care and adoption. The training covers family and child assessment issues, the differences in foster care, pre-matched and new recruited family's for children and reviews tools that could be used in team decision making efforts.

### **Family Assessment**

This training focuses on the development of a comprehensive family assessment that increases a participant's ability to work with families experiencing difficulties. This training will explore how to systematically assess a family's strengths and needs in order to link them to the most appropriate level of services. Participants will become familiar with tools and techniques that help the worker gain information about a family's knowledge, their family relationships, and their concerns and needs.

### **Permanency Mediation**

This training will provide an overview of the Michigan Permanency Planning Mediation Project as a process to expedite permanency for children in the child welfare system by resolving the issues and disputes that delay permanency planning. This collaborative, child-centered, family-focused, permanency-planning model allows birth parents, caregivers, child welfare professionals and resource parents to identify underlying issues and develop alternatives for mutually acceptable resolutions. Facilitated by a neutral third party mediator skilled in conflict resolution and child welfare, the Michigan model allows for a continuum of permanency outcomes for children ranging from reunification with birth parents to adoption.

### **Contact Advantage: Engaging Systems, Families and Children**

This one to three day training will highlight the key elements to engaging systems and individuals into the change process. In addition to learning about the ways in which systems and individuals can be effectively engaged, the training will provide specific tools and techniques to help administrators, managers and line staff build their capacity to engage, strengthen and maintain their relationships.